

BHRIGU

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INTRODUCTION

Bhrigu Lake & Peak is situated in the upper Kullu Valley, east of Rohtang Pass in Himachal Pradesh. The name of the lake is derived from the peak “Bhrigu”. As per the history the saint of Saptarshi fame Maharshi Bhrigu medicated on the bank of this holy lake at a height of 4270Mtr/14000ft. above sea level. Natures beauty can be enjoyed by each and everyone joining the trek right from first timer to experienced trekker. Trekkers can also have a glimpse of the surrounding valleys upper Kullu, Solang and Rohtang Pass. One can also have a view of the snow peak of Dhauladhar Range and Pir Panjal.

The trek starts and ends at a Village name after the saint of Sapatarshi fame Rishi Vashisht. The village has wooden temple along with hot springs and waterfalls. The Bhrigu Lake is frozen for most part of the Year. Trekkers can get a fill of trekking on the snow filled fun. The trek trails through the virgin forest and lush green meadows.

Considering the natures beauty, Bhrigu Lake & Peak will be attractive and juicy destination not so far away from the busy city life.

HOW TO REACH BASE CAMP

The Base Camp for Bhrigu Lake & Peak Trek is Manali, Himachal Pradesh.

Manali is accessible from all parts of the world by the following modes of Transportation:

By Air: Nearest Airport is Bhuntur. Regular flights are available from New Delhi. From Bhuntur you have to take a two hour drive depending on the traffic condition to Manali. Regular Vehicle is available from Bhuntur.

By Train: Nearest Railhead are Chandigarh / Kiratpur on Nangal Dam Section. From Chandigarh / Kiratpur you have to take a seven and half hour / four hour drive depending on the traffic condition to Manali. Regular Bus Service is available from both the Railway Stations.

By Road: Regular A.C. / Non A.C. buses including Volvo Coaches ply from New Delhi / Chandigarh and other parts of North India to Manali.

PARTICIPATION FEES

Full amount has to be paid before joining the programme. The Participation Fees include Transportaion Charges from Manali and back, Guide Charges, Entry Fees. Simple nutritious vegetarian food will be served in the Camps.

CANCELLATION

50% of Participation Fees will be refunded if the request is received 15 days in advance excluding the day of Reporting at our office in writing by e-mail or by post.

If the cancellation request is received less than 15 days from the day of Reporting, no refund will be made.

PROGRAMME CANCELLATION

Due to unforeseen circumstances if the whole of the programme or a particular date is cancelled then the Participant will get Refund after deducting the incidental charges.

REGISTRATION & MEDICAL

Each participant has to fill up the Registration Form for the particular Programme which has to be done online to participate in that particular programme. Hard Copy of Medical Form which can be downloaded, duly filled in has to send to the Registered Office before the Reporting Date. Participants are requested to carry a copy of the Medical Form.

REPORTING

All the participants have to carry the Confirmation Letter for Reporting at Base Camp. Participants are requested to Report at the Base Camp on the date and time mentioned in the Confirmation Letter.

THINGS YOU SHOULD BRING

Wind Proof, Inner Garments, Winter clothing, Sun Cap, Towel, Torch, Sun Glass, Water Bottle, Plate, Mug & Spoon, Toilet Paper, Vaseline/Sun Cream/Winter lotion, Soap/Soap Paper, Pen & Note Book.

You should bring Climbing Shoes, Gaiter, Ice-Axe, Crampon, if you have.

Medicine's taken by you regularly.

Please note that no utensils will be available in the higher camp.

ACCOMODATION

All the accommodation in the entire trek is in tent. You are requested to carry sleeping Bag, Mattress and your personal belongings.

CAUTION

Please note that this is an environmental friendly trek. Do not litter any wrapper, plastic or spoil the trail.

Burning of Woods during Camp fire is not admissible.



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